

ANNOUNCING OUR KEYNOTE SPEAKER

Science-Backed Strategies for Moving from Frozen to Forward

Presented By



Britt Frank, LSCSW, SEP

Licensed Neuro-Psychotherapist | Peak Performance Trainer
Award-Winning Professor | Celebrated Author

In our industry, change is the only constant. Whether it's a regulatory shift, a supply chain disruption, a digital transformation, or anything in between, we're no strangers to navigating uncharted waters – and the pressure that entails. This type of relentless change can make it easy to feel stuck, leaving us questioning how and if we can even get started.

With the help of our [Keynote Speaker, Britt Frank](#), you'll learn how to get back in the driver's seat and manage uncertainty with confidence. Some of her presentation highlights will include:

- Closing the gap between "I know what I need to do" and "I got it done"
- Why mindset ISN'T everything — and why you need more than positive thinking
- Britt's Micro-Yes Framework for shrinking big goals into doable steps
- Actionable strategies to keep moving — no motivation required

Already own Britt's book, *The Science of Stuck?* Bring it with you! Britt will sign your copy and chat with you about your favorite parts.

About the Sharing Conference

The Sharing Conference is the life science industry's premier compliance-focused event, uniting professionals across the pharmaceutical, biotech, and medical device sectors to exchange insights, uncover ideas, and strengthen their expertise. We are committed to helping our community stay ahead of the industry's ever-evolving regulatory landscape, ensuring compliance professionals are well-prepared to play their part in securing a safe and effective drug supply.

[Register for the Sharing Conference](#)



The Sharing Alliance
sharingalliance.org

[Contact Us](#)

[View Online](#)